



International Competition : Innovation in Moving Images

Country : Iceland

A Letter from Helga

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2022 / Colour / 110 minutes / Icelandic



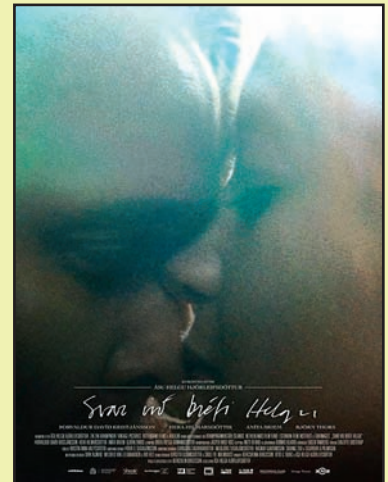
Director : Asa Helga Hjorleifsdottir

Producer : Birgitta Bjornsdottir

Editor : Antti Reikko

Cast : Hera Hilmar, Thorvaldur Kristjansson, Anita Briem

Synopsis : In a remote fjord in 1940's Iceland, young farmer Bjarni begins a passionate, forbidden affair with his neighbor Helga, emotions running as wild as the ocean waves that surround them.



Director's Biography : Ása Hjørleifsdóttir is an Icelandic writer and director, born in 1984 in Reykjavík. Ása completed a BA in Comparative Literature from the University of Iceland and La Sorbonne - Paris IV Université, and worked for a while as a book critic for the Iceland National Radio before she decided to move to New York City and pursue filmmaking. She graduated from the Columbia University Film MFA program in 2012. Ása has written and directed a number of short films, most notably *Ástarsaga* ("Love Story"), a 2013 finalist for a Student Oscar, and *Þú og ég* ("You and Me"). Her first feature film is the award-winning *The Swan*. *A Letter from Helga* is her second feature.

